

# Africa Smart Rider

## Motorcycle & ATV (Quad) Rider Training



ASR provides instruction in all areas of motorcycling with a focus on the skills needed to ride safely in African conditions.

- BEGINNER'S courses for NEW riders.
- ADVANCED courses for EXPERIENCED riders.
- OFF-ROAD courses for TRAIL or RACE or ADVENTURE.
- Road Code & Defensive Riding Skills for e.g. BODA-BODA, NGO, Co.

**The best performance & safety equipment that you can put on a motorcycle is a trained rider.**

Motorcycles provide a very cost effective and versatile transport solution on much of the road system in Uganda. The country is blessed with a climate that allows for their prolific use. This is proving to be the case with imported motorcycles coming on our roads by the hundreds of thousands.

Riding motorcycles requires special skills, if ridden well they are great workhorses, commuters, taxis and have the ability to get to places that even 4WD may not reach. If ridden poorly they are less forgiving than cars. A trained rider gets accumulated knowledge that will turn the odds around, by being better motorcycle riding and road aware.

Over the last few years there has been a big increase in the number of motorcycles being used in Uganda and over the same period, a corresponding rise in the number of accidents. Action needs to be taken and Africa Smart Rider want to be at the forefront, helping to put more skilled riders on the roads and trails. Help us by taking a course or putting your riders on one to make our roads safer.



**Africa Smart Rider** offers high quality training courses at very affordable prices, with special discounted rates for Ugandan citizens.

**Africa Smart Rider** is based at Bujagali Falls. We can also run courses at other locations such as Kampala. At Bujagali Falls, we are best able to provide a safe and comfortable learning environment for the classroom, workshop and practical sections in each course.

- Classroom Sessions use a multi-media approach to keep the courses interesting, relevant and best presented. We include the use of slideshows, video, lectures and question & answer sessions to provide a well rounded package and enhance the learning experience.
- Workshop Sections focus on; motorcycle or quadbike function, maintenance (daily or more advanced regular servicing) and repair.
- Practical Exercises allow you to put your newly acquired skills into practice and reinforce the use of correct techniques. A variety of exercises cater for all levels of rider. Basic exercises allow new riders to safely become familiar with their bike, while more advanced exercises are provided for riders who want to better use techniques such as; counter steering, safe riding in traffic, slow & high speed riding, etc.

- No minimum numbers: We can provide courses on a one-to-one basis. Maximum number of course participants, 10.
- Languages: Courses are normally conducted in English but we can also provide oral translation in Luganda, Lusoga or Kiswahili.
- Bike Hire: We prefer you to bring your own bike as it is best to use the vehicle that you are familiar with to learn new skills on. If this is not possible, we can provide motorcycles for you to hire. Please book in advance.
- Meals and Refreshments: Tea, coffee, mineral water and biscuits are provided during the course. Meals are available on site at DeNile Cafe or at local restaurants nearby.

## ON & OFF-ROAD COURSES FOR ALL LEVELS OF MOTORCYCLIST FROM BEGINNER to ADVANCED.



All of our courses are structured with African riding conditions in mind. We use information compiled from many years of riding experience in Africa and elsewhere combined with relevant information and techniques gleaned from other training courses around the world.

We use a combination of:

- **CLASSROOM** – slideshows, videos, lectures, discussion, revision/tests
  - **WORKSHOP** – hands on checks, repairs & how your bike works.
  - **PRACTICAL EXERCISES** - where theory meets motorcycle & rubber meets the road.
- ✓ Professional instructors with local knowledge to best guide you through these sessions.
  - ✓ Class sizes are kept small to ensure individual attention for everyone.
  - ✓ Notes summarising course theory are provided for follow up study.
  - ✓ A large amount of material is presented with each course. Start time generally 9.00am – 12.30 and 1.30 – 5.00pm.
  - ✓ On each course there is a large amount of material to cover, we recommend taking some courses over 2 days.
  - ✓ If you wish to focus specifically on OFF or ON ROAD techniques and skills, we can tailor the course to suit.
  - ✓ Course Certificates are issued and we can provide assessment sheets to assist you with notes on areas that may need further attention.
  - ✓ Specific interest subjects relating to motorcycles, we can cover a lot of ground.

For individuals,  
groups, companies,  
NGO's, families and  
for everyone who  
wants to ride a  
motorcycle & improve  
their skills.

## **AFRICA SMART RIDER – current staff.**

**Peter Knight – Manager and Chief Instructor.**

Peter has lived in Uganda, at Bujagali Falls for 10 years. He has been riding motorcycles for 41 years. Prior to setting up All Terrain Adventures (U) Ltd. he led overland trips including 3 trans-Africa safaris from Dover to Cape Town and numerous trips through eastern and southern Africa.

Peter's riding experience started on farm bikes in New Zealand in 1969. He progressed through many types and sizes of motorcycle, developing his skills and road craft year by year. He started racing when living in Australia. He shifted to the UK seeking more competition. In 1993 he won the British Motorcycle Racing Club FII Championship and in 1995 he won the newcomers award at the Isle of Man TT Races. 5 years as a motorcycle despatch rider in London honed skills.

Peter also manages All Terrain Adventures providing quadbike safaris beside the River Nile. Every year ATA take thousands of people, many who have never ridden before, on trips after instruction.

Peter has also worked as consultant motorcycle and ATV trainer for On Course Driver Training based near Entebbe.

Roadsafe NZ – Advanced Rider Course, April '09



**Nsubuga Peter – Instructor.**

Peter lives near Iganga and has been working with ASR for 6 months acquiring the many skills necessary to provide first class tuition as a motorcycle instructor.

He has a good command of English, Luganda, Lusoga and Kiswahili allowing ASR to offer comprehensive instruction in other languages.

We see a crying need for our skills every day on the roads and hope that you will support us.

You can contact me on +256 772 869037 or preferably by email to [info@asmartrider.com](mailto:info@asmartrider.com)

[SEE http://www.atadventures.com/asr](http://www.atadventures.com/asr) for more information

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# Africa Smart Rider

## Courses - Content and Costs



### **ASR 1 - RIDE EXPERIENCE** – An brief introduction to motorcycling.

If you would just like to try riding a motorcycle in a safe environment, this 3 hour course provides that opportunity. We provide the motorcycle and an introduction course. You bring heavy trousers and ankle high boots.

\* morning 09.15 – 12.30 = 2 x 90 min sessions

\* afternoon 13.30 – 17.00 = 2 x 90 min sessions

PRICING: \$45 includes bike hire and helmet hire.

### **ASR 2 – RIDE FOREVER BEGINNERS** – for new riders and those with limited riding experience.

Subjects covered include:

- ✓ Choosing a bike – size – types of bike – safety features
- ✓ Safety equipment and clothing
- ✓ Pre-ride motorcycle checks
- ✓ Road rules and safe practices
- ✓ Maintenance – now to look after your motorcycle and ensure that it stays in good condition
- ✓ Attitude – the art of motorcycle riding.
- ✓ Taking Control - braking – cornering – steering – acceleration – stance – mirrors – manoeuvring – slow speed riding – u-turns – gears
- ✓ Difficult situations – skids – speed – punctures – engines – gearbox – damage control

We also look at **defensive riding techniques, basic maintenance procedures** and checks and finish with a **practical field session** that reinforces understanding of these techniques and helps to promote confidence.

TIMES: Morning - 9.30am to 12.30pm - Lunch to 1.30pm - Afternoon to 5.30pm

PRICING: Ugandan Citizen = 50,000/= Others = 120,000/=

MOTORCYCLE HIRE: 20,000/= (use your own bike if possible).

### **ASR 3 – RULES OF THE ROAD** – This course is tailored for BODA BODA riders and NGO/Co. courses.

Subjects covered include:

- ✓ An in depth discussion of the Road Code and the rules that pertain to motorcyclists.
- ✓ Defensive riding techniques.
- ✓ Safely carrying passengers and loads
- ✓ Road rules and safe practices
- ✓ Maintenance – now to look after your motorcycle and ensure that it stays in good condition
- ✓ Correct control of motorcycles on public roads
- ✓ Difficult situations – skids – speed – punctures – engines – gearbox – damage control

We also look at **maintenance procedures** and checks and finish with a **practical field session**

TIMES: Morning - 9.30am to 12.30pm - Lunch to 1.30pm - Afternoon to 5.30pm

PRICING: Ugandan Citizen = 50,000/= Others = 120,000/=

MOTORCYCLE HIRE: 20,000/= (use your own bike if possible).

### **ASR 4 – RIDE FOREVER ADVANCED** - For experienced riders, who would like to refresh & improve their skills, returning riders and riders new to Africa.

Course content includes:

- ✓ Road Awareness – defensive riding – difficult conditions – hazardous road conditions – other road users – positioning on the road – overtaking – riding with passengers - group riding
- ✓ Your First Defence – anticipation – road reading – signs – in the zone – bailing out – priorities
- ✓ Difficult Conditions – eyes – fixation – look ahead – localised slippery areas
- ✓ Hazardous road configurations – Roundabouts
- ✓ The Light – the weather – fog – high winds – the road – gravel roads – road works – tree shadow – spills
- ✓ Intersections – potholes – Bridges
- ✓ Other road users – other riders – road manners – hustlers – road rage – pedestrians – cyclists – animals – large vehicles
- ✓ Positioning On The Road – cornering – emergency braking best line of sight
- ✓ Overtaking – in rain – filtering – large vehicles
- ✓ Managing problems – punctures, how to ride and how to fix – towing – crashes – first aid
- ✓ Passengers – setup – communication – mounting and dismounting – body bracing – ride smoothly

TIMES: Morning - 9.30am to 12.30pm - Lunch to 1.30pm - Afternoon to 5.00pm

PRICING: Ugandan Citizen = 65,000/= Others = 150,000/=

MOTORCYCLE HIRE: 20,000/= (use your own bike if possible).



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**ASR 5 – OFF-ROAD RIDER** – Information about off-road riding is included in all our courses, but this course is for experienced riders who would like to refresh & improve their off-road skills for trail riding or for competition.

Course content includes:

- ✓ Off Road Motorcycles
- ✓ Equipment & Riding Gear
- ✓ General Off Road Skills
- ✓ Blind Rise Or Corner
- ✓ Riding In Mud
- ✓ Handling Bad Patches
- ✓ Murram Roads
- ✓ Wheel Rims
- ✓ Top Riding Tips
- ✓ Heavy Dual Purpose Trail Bikes
- ✓ River Crossings.
- ✓ Handling Punctures
- ✓ Front Forks
- ✓ Suspension Basics
- ✓ Forks or Shock Too Hard:
- ✓ Shock Rebound Too Slow
- ✓ Steering Headshake
- ✓ Rear Shock Setup
- ✓ Traversing Slopes & Hills
- ✓ Short, Very Steep Inclines
- ✓ Steep Declines
- ✓ Loose Stones
- ✓ Riding In Loose Sand
- ✓ Dealing With Accidents
- ✓ Enduro Racing

TIMES: Morning - 9.30am to 12.30pm - Lunch to 1.30pm - Afternoon to 5.00pm

PRICING: Ugandan Citizen = 65,000/= Others = 150,000/=

**ASR 6 – ATV (QUAD) RIDER** – a one day course that covers all aspects of correct safe quadbike handling and use.

Course content includes:

- ✓ Equipment & Riding Gear
- ✓ General Off Road Skills
- ✓ Blind Rise Or Corner
- ✓ Riding In Mud
- ✓ Handling Bad Patches
- ✓ Murram Roads
- ✓ Wheel Rims
- ✓ Top Riding Tips
- ✓ River Crossings.
- ✓ Handling Punctures
- ✓ Suspension Basics
- ✓ Traversing Slopes & Hills
- ✓ Short, Very Steep Inclines
- ✓ Steep Declines
- ✓ Loose Stones
- ✓ Riding In Loose Sand
- ✓ Dealing With Accidents



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Africa Smart Rider is based at the Main Gate,  
Bujagali Falls with All Terrain Adventures.

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